

FOOD

Immaculate Conception Church

2745 W. 44th St., 773-523-1402,
Friday: 4 pm–6 pm, Saturday:
10 am–12 pm, every fourth
Thursday: 4 pm–6 pm, bring an
ID or utility bill

UI Health Food Pantry

1850 S Throop St, Chicago, IL
60608, (312) 413-4179, Hours:

Citywide Financial Assistance Resources

Find links to these services at
[www.ctulocal1.org/covid19/
resources](http://www.ctulocal1.org/covid19/resources) or do an internet search:

Low Income Home Energy
Assistance Program (LIHEAP)

Temporary Assistance for Needy
Families (TANF)

Apply For & Manage Cash,
SNAP (Food Stamps) & Medical
Assistance

Chicago Coronavirus Response
Center

Senior Viral Response Requests

Finding Services Near You

United Way of Metro Chicago

The Illinois Coalition for
Immigrant and Refugee Rights
(ICIRR) has an online interactive
map of facilities that provide
health care regardless of
immigration status at low cost or
free

Cradles to Crayons Chicago
has a map and a listing of
organizations providing a variety
of resources

Monday–Friday: 12 pm–4 pm,
Service Area: Zip codes 60609,
60608, 60607 and 60612

Catholic Charities Casa Catalina

4537 S. Ashland Ave, 773-376-
9425, Tuesday, 9:30–11:30 am,
1 pm–2:30 pm, Wednesday
1 pm–5:30 pm, Thursday 9:30
am–2:30 pm, bring ID and proof
of address, serving Back Of The
Yards area, ZIP 60609

Our Lady of Good Counsel Church

3528 S. Hermitage, 773-523-3917,
1st & 3rd Monday of every month
11:30 am–2 pm

Pilsen Wellness Center

2319 S. Damen, 773-579-0832,
Fridays from 10 am–12 pm

CASH ASSISTANCE

Betancourt Macias Family Scholarship Foundation

Apply for financial support for

undocumented families and
individuals during these times of
crisis.

HEALTHCARE

Esperanza Health Centers

www.esperanzachicago.org
4700 S. California Ave., (773) 584-
6200

Illinois Coalition for Immigrant and Refugee Rights

To speak with someone in English,
Spanish, Korean, or Polish, try
ICIRR's family support hotline at
855-435-7693.

Community Health

www.communityhealth.org, (773)
395-9900
Free Health Clinic for low-income
uninsured adults. However, they
are currently taking telehealth
appts.

NOTES

For a complete and up-to-date list and links to
more information online, go to:

www.ctulocal1.org/covid19/resources

