SUPPORT SERVICES
AVAILABLE IN YOUR AREA

FOOD

INCA Relief—Chicago
312-451-3444
2809 W. Devon Ave

A Just Harvest
7649 N. Paulina
77-262-2297
info@ajustharvest.org
Pick-up hours: 12 PM - 2 PM

Care for Real Food Pantry
773-769-6182
5339 N. Sheridan Rd
info@careforreal.org

Ravenswood Community Service
Tuesdays, 5:30-7:30pm
distribution
Doors open at 5:00pm
Entrance at 4550 N Hermitage Ave

Lakeview Pantry
Location #1:
Sheridan Market
3945 N. Sheridan Rd.
Chicago, IL 60613
(773) 525-1777

Location #2:
La Casa Norte’s Fresh Market
3533 W. North Ave., 1st floor
Chicago, IL 60647
(773) 276-4900

Lakeview Pantry
Location #1:
Sheridan Market
3945 N. Sheridan Rd.
Chicago, IL 60613
(773) 525-1777

Location #2:
La Casa Norte’s Fresh Market
3533 W. North Ave., 1st floor
Chicago, IL 60647
(773) 276-4900

Care for Friends
530 Fullerton Parkway,
Chicago, IL 60614
773.932.1010
Mondays, Thursdays, Saturdays
10:30am - Noon

Chicago Chesed Fund
7045 N. Ridgeway,
Lincolnwood, IL 60712
847-679-7799

HEALTHCARE

Heartland Health Center—Rogers Park
2200 W. Touhy Ave
773-751-1875

Swedish Covenant Hospital
Help Line (773-907-7700) is staffed with clinicians who can help screen symptoms and answer questions on what to do next. Interpretive services are available to assist in most languages.

NorthShore University HealthSystem
1729 Benson Ave
Evanston, IL 60201
(847) 432-5849
Open 24 hours, call Ahead

Heartland Health Center—Lincoln Square
2645 W Lawrence Ave, Chicago
773-751-1700
With advanced notice, services can be provided in more than 35 different languages

Citywide Financial Assistance Resources
Find links to these services at www.ctulocal1.org/covid19/resources or do an internet search:

Low Income Home Energy Assistance Program (LIHEAP)
Temporary Assistance for Needy Families (TANF)
Apply For & Manage Cash, SNAP (Food Stamps) & Medical Assistance
Chicago Coronavirus Response Center
Senior Viral Response Requests

Finding Services Near You
United Way of Metro Chicago
The Illinois Coalition for Immigrant and Refugee Rights (ICIRR) has an online interactive map of facilities that provide health care regardless of immigration status at low cost or free
Cradles to Crayons Chicago has a map and a listing of organizations providing a variety of resources

CASH ASSISTANCE

Centro Romero
6216 N. Clark St.
Chicago, IL 60660
773-508-5300

For a complete and up-to-date list and links to more information online, go to:
www.ctulocal1.org/covid19/resources