EAST & WEST SIDES

SUPPORT SERVICES
AVAILABLE IN YOUR AREA

WEST SIDE

FOOD

Mana Food Pantry
Harmony Community Church

EAST SIDE

Marillac House Food Pantry
CBS Food Pantry
New Morning Star MBC Pantry

HEALTHCARE

Chicago Family Health Center East Side
10536 S Ewing Ave, Chicago, IL 60617, 773-768-5000, Mon/Tue/Thur/Fri 8:30 am–5 pm; Wed. 9 am–8 pm

Southeast Side Community Health Center
3528 E 118th St, 708-747-7100
Mon–Fri, 8:30 am–5 pm

Food distribution locations

The following schools are distributing food to people in need: George Washington ES, Sadlowski ES, Taylor ES, Addams ES, Gallistel ES, Washington HS

Southeast Side of Chicago Food Pantry
Must register, Wednesdays 1-3pm, mobile food bank every 3rd Friday 9:30 am–11:30 am

Citywide Financial Assistance Resources
Find links to these services at www.ctulocal1.org/covid19/resources or do an internet search:

- Low Income Home Energy Assistance Program (LIHEAP)
- Temporary Assistance for Needy Families (TANF)
- Apply For & Manage Cash, SNAP (Food Stamps) & Medical Assistance
- Chicago Coronavirus Response Center
- Senior Viral Response Requests

Finding Services Near You
United Way of Metro Chicago

The Illinois Coalition for Immigrant and Refugee Rights (ICIRR) has an online interactive map of facilities that provide health care regardless of immigration status at low cost or free

Cradles to Crayons Chicago has a map and a listing of organizations providing a variety of resources

For a complete and up-to-date list and links to more information online, go to: www.ctulocal1.org/covid19/resources